




**INDOOR BASEBALL / SOFTBALL  
TRAINING CENTER**

**6,000 SQUARE FOOT FACILITY**

**STATE OF THE ART EQUIPMENT**



## /// ABOUT US



As an indoor baseball and softball training facility, "The Cave" is a 6,000 square-foot facility with 2 large Shell Cages that can be converted to 4 full-size 70' tunnels; or 7 separate, individual hitting areas; or fully opened to provide 2 large turf practice areas. The Cave also boasts a professional-style "bullpen" with 2 real clay/dirt mounds – **all indoors, in a climate-controlled facility.** The Cave provides two separate waiting areas, with two 48" televisions, over 150 satellite TV channels, and free Wi-Fi. The Cave allows for ½-hour and One-Hour Individual rentals, One to Two-Hour Team rentals, and 6-Month and 12-Month Individual & Team Membership Plans. Ultra-modern pitching/hitting video analysis, and 3-D computerized swing analysis is also available to members at no charge.

All equipment is provided, including balls, pitching mounds/mats, screens, etc. Players just bring bats, gloves and catcher's equipment.

**(540) 649-8899**

**(540) 649-8898**

**OWNERS:**

**Tim Nicely  
Austin Nicely  
Larry Shifflett**

404 Augusta Ave, PO Box 897  
Grottoes, VA 24441  
battingcave@gmail.com



BATTING CAGES • PITCHING MOUNDS • FACILITY RENTAL

## /// VISIT THE CAVE

Individual and Group Lesson Plans are available with Baseball Instructors who have played and/or coached at all levels of college & professional baseball, including the Major Leagues. Softball lessons are available with instructors who have won multiple state championships and have coached the highest-level travel teams on the national stage.

**The Cave is also available to rent for various functions. Call for information on our special Birthday Party Packages.**

### MEMBERSHIP PLANS:

- Individual Memberships  
*(6-Month & Annual)*
- Annual Travel Team Memberships, allowing for use of up to ½ facility for each practice
- Individual Lessons & Package Plans with instructors

The Cave is open 7 days a week in season. Lessons and Rentals are also available outside regular hours, by appointment. The Batting Cave is located on Route 340 in Grottoes, VA.

Like us on



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